

# **COURSE ADVISEMENT & SELECTION PROCESS FOR 2020-21**



PowerPoint Available Online

# OPHS COUNSELOR CASELOADS

**Ross:** A - Fq

**Stasiefski:** Fr- Mh

**Charrett:** Mi - Tn

**McLelland:** To - Z,  
504 & International



# Everything is posted on the OPHS Website.

CLICK HERE



## Headlines



**Chicago- High School Edition**  
March 12-14 - Produced by OPPAA, Fosse, Kander & Ebb's legendary and award-winning musical about fame, fortune and acquittal is now adapted for High Schools. Click for more information

## Course Advisement & Selection Process for 2021 - 2022



[Course Advisement for 2021-22](#)  
[Click here for course advisement information for the 2021-2022 school year.](#)



**Future Freshmen**  
Please click here to access course advisement materials for incoming freshmen (class of 2024)

# Informational Meetings

## FALL



- ★ Learn at Lunch workshops in the CCC- **All grades**
- ★ College Advisement Meeting & Parent Night - **Seniors**
- ★ Financial Aid Night - **Seniors/parents**
- ★ College Application Workshops in the CCC - **Seniors**
- ★ College Advisement Meeting & Parent Meeting - **Sophomores**
- ★ College Knowledge Night - **All Grades**

## SPRING



- ★ Learn at Lunch workshops in the CCC- **All grades**
- ★ February 27th Course Advisement Night 6:00 pm - **All Grades**
- ★ April 6-9th Mandatory 4 year College Meetings - **Juniors**
- ★ April 8th - 4 Year College Parent Meeting @ 5:30 pm - **Junior Parent**

## **Course Selection Dates in “Q”**

- March 1 (6pm) – Current Juniors (Class of 2021)
- March 3 (9pm) – Current Sophomores (Class of 2022)
- March 5 (9pm) – Current Freshmen (Class of 2023)
- March 7 (9am) - Current 8th Grade (Class of 2024)
- All windows close March 8 (11pm)

# No counselor pre-planning meetings available

## Scheduling Sessions Spring 2020

### *Grades 9 – 11*

	Period 1/2	Period 3/4	Period 5/6
Mon, March 9 (1-3-5)	Anderson	Anderson	Anderson
Tues, March 10 (2-4-6)	Creason	Anderson	Anderson
Wed, March 11 (1-3-5)	Creason	Peters	Peters
Thurs, March 12 (2-4-6)	Peters	Peters	
Fri, March 13 (1-3-5)	Willis/Wall	Willis	Willis
Mon, March 16 (2-4-6)	Fowler	Fowler	Fowler/Wall
Tues, March 17 (1-3-5)	Miller		Miller
Wed, March 18 (2-4-6)	Miller	Kinberg	
Thurs, March 19 (1-3-5) (Min. Day)	Gorji		
Fri, March 20 (2-4-6) (Min. Day)	Gorji		
Mon, March 23 (1-3-5)			Kerr
Tues, March 24 (2-4-6)	Kerr	Kerr	
Wed, March 25 (1-3-5)	Kokiousis		Kokiousis
Thurs, March 26 (2-4-6)	Kokiousis		Kokiousis
Fri, March 27 (1-3-5)	Labnow	Labnow	Labnow
Mon, March 30 (2-4-6)	Labnow/Heinrich	Labnow	Labnow

<b>Class of 2021</b>	Current Grade <b>11</b> students will come during their <b>History</b> class.
<b>Class of 2022</b>	Current Grade <b>10</b> students will come during their <b>English</b> class.
<b>Class of 2023</b>	Current Grade <b>9</b> students will come during their <b>Foundations or Algebra 1A</b> class.

# How to request to see my Counselor in the Office.

**No Pre-Meetings to  
Discuss Proposed  
Schedule**

**Come to Counselor  
meeting with best  
estimate**



REQUEST TO SEE MRS. HEENEY	REQUEST TO SEE MR. MC LELLAND
NAME _____ DATE _____ I NEED TO SEE YOU: { } As soon as possible { } When convenient BEST PERIOD TO SEND FOR YOU: _____ ROOM NUMBER THAT PERIOD: _____ REASON: _____ _____ _____ _____	NAME _____ DATE _____ I NEED TO SEE YOU: { } As soon as possible { } When convenient BEST PERIOD TO SEND FOR YOU: _____ ROOM NUMBER THAT PERIOD: _____ REASON: _____ _____ _____ _____ _____ _____
REQUEST TO SEE MS. CHARRETT	REQUEST TO SEE MRS. SVOBODA
NAME _____ DATE _____ I NEED TO SEE YOU: { } As soon as possible { } When convenient BEST PERIOD TO SEND FOR YOU: _____ ROOM NUMBER THAT PERIOD: _____ REASON: _____ _____ _____ _____ _____ _____	NAME _____ DATE _____ I NEED TO SEE YOU: { } As soon as possible { } When convenient BEST PERIOD TO SEND FOR YOU: _____ ROOM NUMBER THAT PERIOD: _____ REASON: _____ _____ _____ _____ _____ _____
REQUEST TO SEE MS. STASIEFSKI	
NAME _____ DATE _____ I NEED TO SEE YOU: { } As soon as possible { } When convenient BEST PERIOD TO SEND FOR YOU: _____ ROOM NUMBER THAT PERIOD: _____ REASON: _____ _____ _____ _____ _____ _____	



# Environmental & Sustainability Course of Study

Students who complete the following courses in 12th grade, and thereby demonstrate an interest in meeting the environmental challenges of our world, will be recommended for a **Sustainability Seal** on their diploma and a **Green Cord** to be worn at graduation.

- Environmental & Sustainability Literature
- Geopolitics and the World Today
- Environmental Science CP or AP

# New Courses for 2020-21

- **Senior English Seminar: Environmental & Sustainability Literature CP (UC approval pending)**
- **Senior Economics Option: Geopolitics & The World Today CP (UC approval pending)**
- **Environmental Science CP (UC approval pending)**
- Spanish Culture & Film (H) (UC approval pending)
- Intramural Basketball PE
- Strength & Conditioning PE (replaces Team Sports/Weight training)
- Ultimate Sports (combining Court Sports & Ultimate Field Sports)

**In addition to Naviance, you can research courses by clicking on the “Course Catalog” image below to access course descriptions, flowcharts and other resources to help you select your classes.**



Explore each department's course descriptions by opening the table of contents with the three horizontal lines in the top left corner or by selecting the department in the graduation requirement list below.

**[OPHS Advisement and Course Selection Webpage](#)**

**[OPHS Counseling Department Home Page](#)**

**[OPHS Board Policy 6144a](#)**

## **English** (40 credits)

<b>Key:</b>	College Prep (CP)	Honors (H)	Advanced Placement (AP)
-------------	-------------------	------------	-------------------------

9th Grade	10th Grade	11th Grade	12th Grade
English I (CP)	English II (CP)	English III (CP)	English IV Senior Seminar (CP)
	*English II (H)	*English III (H)	*English IV (H)
		*English III (AP)	*English IV (AP)

*\*Prerequisite to enroll*

**History/Social Science** (35 credits for high school graduation, *including World Geography, World History, US History, Government and Economics*, and 20 credits required for UC/CSU admission)

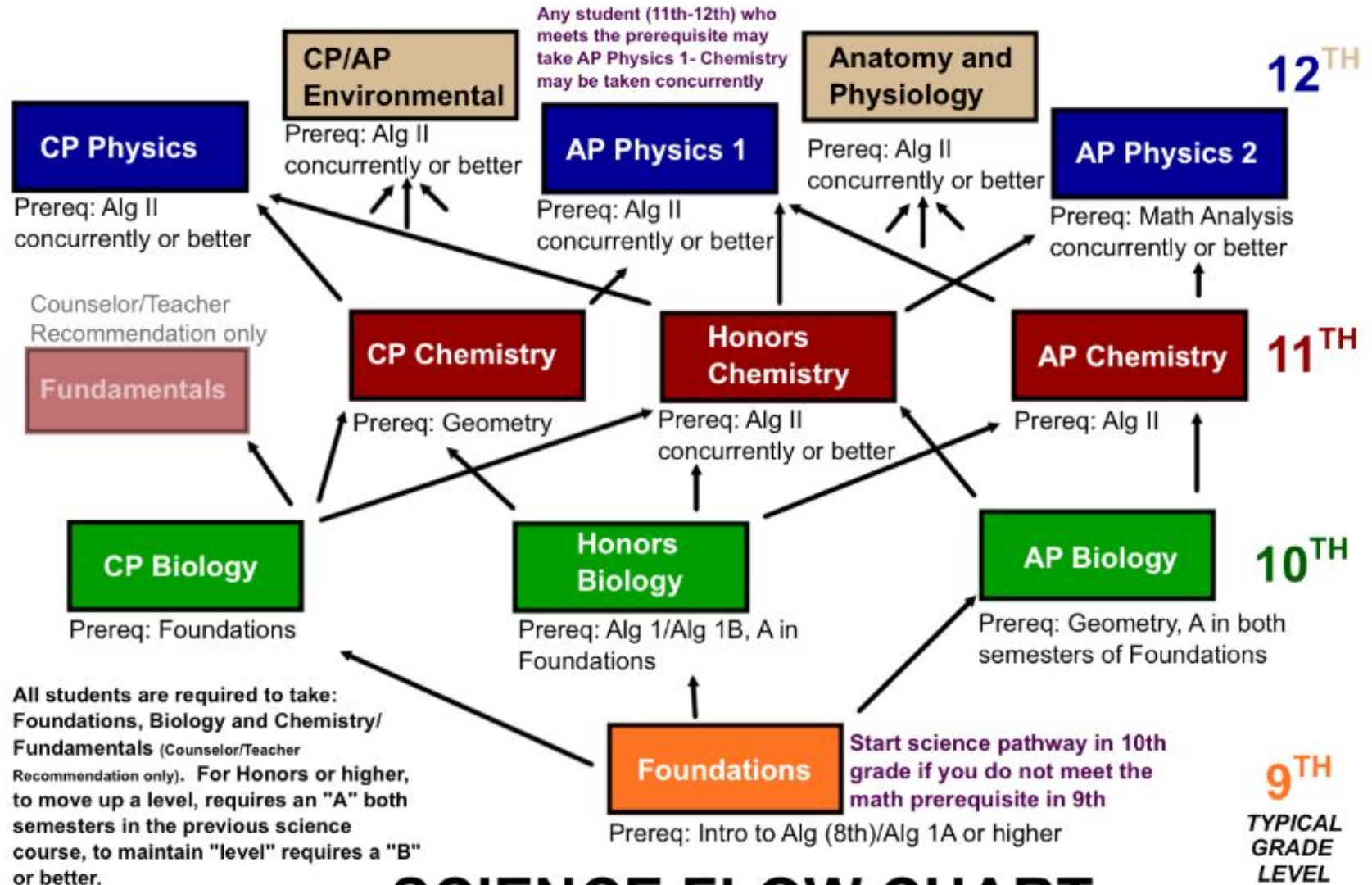
<b>Key:</b>	College Prep (CP)	Honors (H)	Advanced Placement (AP)
-------------	-------------------	------------	-------------------------

9th Grade	10th Grade	11th Grade	12th Grade
World Geography (CP)	World History (CP)	US History (CP)	Economics (CP)
		*US History (H)	Geopolitics and the World Today
		*US History (AP)	US Government (CP)
			*Economics (AP)
			*US Government (AP)

*\*Prerequisite to enroll*

All OPHS Science Courses are implementing the Next Generation Science Standards with a special focus on the Science Practices of Investigative Labs. The majority of the Science Department courses are 1:1 Google Classrooms that support the district's technology standards.

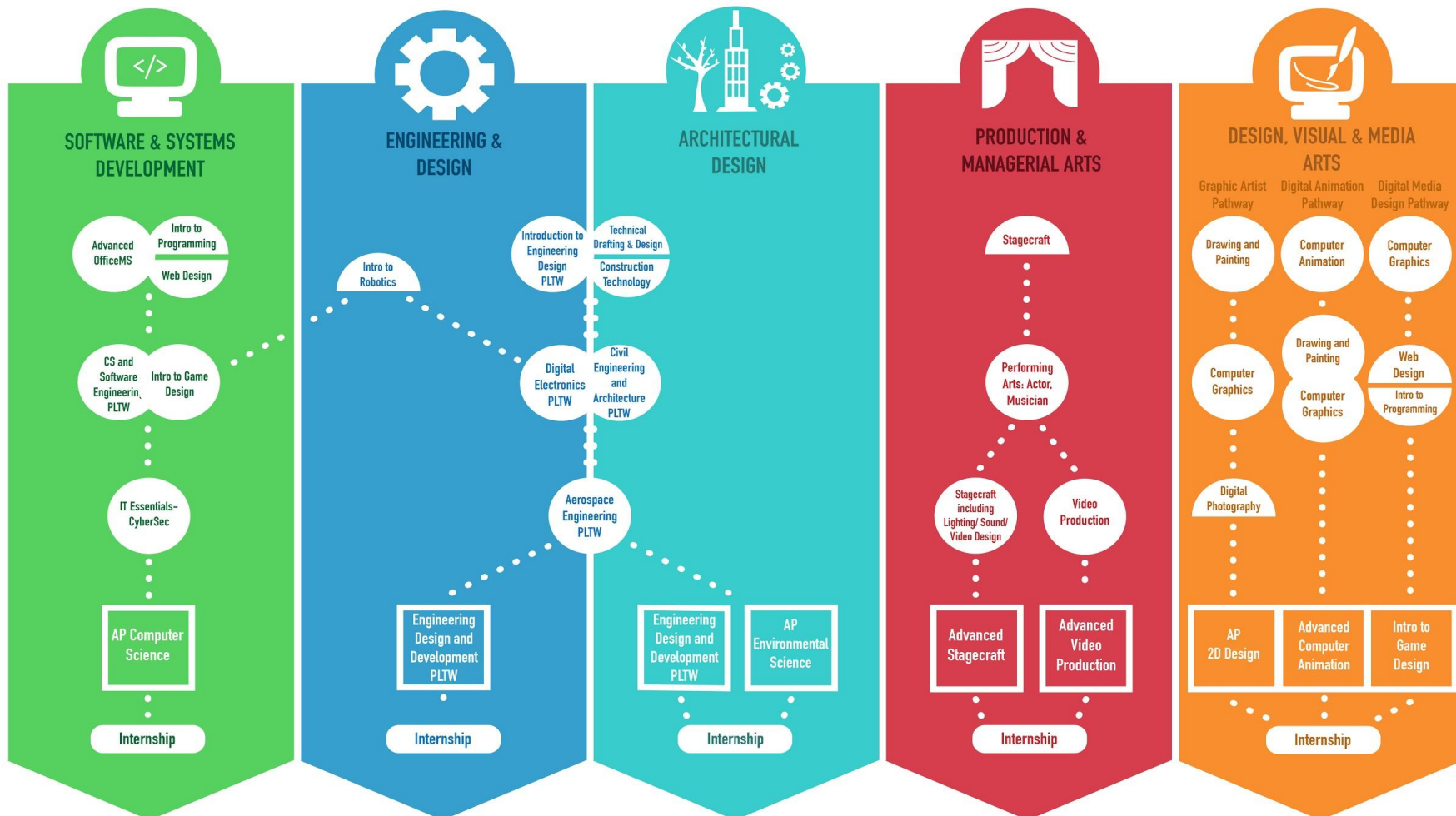
Rectangular Snip



## SCIENCE FLOW CHART



# Career Technical Education (CTE) Pathways at OPHS



**“The academic and technical skills, knowledge and training necessary to succeed in future careers”**

# **New Outside credit policy**

**Beginning with the class of 2021** students may take courses at other institutions for OPHS credit that are not taught at OPHS. Students may take up to a maximum of 15 general elective credits on the outside (5 per semester with a maximum of 15 credits per high school career).

Students must receive prior written approval from their OPHS counselor before signing up for any outside class.

# PE REQUIREMENT

- Two years (20 credits) of P.E.
- All or part of the PE requirement may be earned through a PE class, or through a student's successful participation in school-sponsored interscholastic athletics, including Marching Band, Color Guard, Drumline, Cheer, Stunt, and Dance Teams.
- Students must take the California Physical Fitness Test in 9th grade
- Current grade (10-12) students may request retroactive credit for 9th grade sports participation from the Athletic Office.

# New HIGH SCHOOL GRADUATION REQUIREMENTS

SUBJECT	Required	CREDITS
English	4 years	40
Health	1 semester	5
Mathematics (must include Geometry)	3 years	30
Physical Education	2 years	20
Phys. Sci – Foundations of Science and Chemistry or Fundamentals of Science	2 years	20
Biology	1 year	10
World Geography	1 semester	5
World History	1 year	10
US History	1 year	10
United States Government	1 semester	5
Economics	1 semester	5
Visual Performing Art OR World Language	1 year	10
Electives		60
	<b>Total</b>	<b>230</b>

- **Classes worth 5 credits per semester**
- **Must earn a D or better to receive credits**
- **Must earn C or better for university admissions**
- **Log-in to Q to view your transcript**

# Check your Grad Requirements on Q

Requirement Rule: OPHS Diploma 230				
Requirement	Required	Actual	Short	Reqmt Met
Total Credits	230.0000	175.0000	55.0000	
English	40.0000	25.0000	15.0000	
Mathematics	30.0000	25.0000	5.0000	
Life Science	10.0000	10.0000		✓
Physical Science	20.0000	15.0000	5.0000	
Geography	5.0000	5.0000		✓
World History	10.0000	10.0000		✓
US History	10.0000	5.0000	5.0000	
Government	5.0000	0.0000	5.0000	
Economics	5.0000	0.0000	5.0000	
Physical Education	20.0000	20.0000		✓
Health	5.0000	5.0000		✓
Visual/Perf Art	10.0000	10.0000		✓
General Electives	60.0000	45.0000	15.0000	

If ahead of credits you may qualify for a Free Period or a Study Hall

# A-G SUBJECT REQUIREMENTS

CALIFORNIA STATE UNIVERSITY (CSU) &  
UNIVERSITY OF CALIFORNIA (UC)

**Ds DO NOT COUNT!!**

Subject	1 yr	1 yr	1 yr	1 yr
<b>a <u>History-2 years</u></b> Two years of History/Social Science, including: one year of U.S. History or one semester of U.S. History and one semester of American Government, <b>AND...for CSU</b> , two semesters of History/Social Science from either “a” or “g” subject areas <b>AND...for UC</b> , two semesters of World History, Cultures and Geography from the “a” subject area.				
<b>b <u>English-4 years</u></b> Four years English, which can include not more than one year of ESL/ELD courses				
<b>c <u>Mathematics-3 years</u></b> Three (3) years Math ( <b>Algebra I and II, Geometry</b> ); four years recommended				
<b>d <u>Laboratory Science-2 years</u></b> Two years laboratory Science including: <b>For CSU</b> , one year of Physical (e.g. Chemistry) and one year of Biological Science (one of which must be from the “d” subject area with the other from either “d” or “g”) <b>and...for UC</b> , at least two of the three core disciplines of <b>Biology, Chemistry</b> and Physics (both from the “d” subject area and three years recommended).				
<b>e <u>World Language-2 years</u></b> Two years of language other than English. Must be the same language. Three years recommended.				
<b>f <u>Visual or Performing Arts-1 year</u></b> One year Visual or Performing Arts. Students must complete a single year-long course selected from the disciplines of dance, drama/theater, music or visual arts.				
<b>g <u>College Preparatory Elective-1 year</u></b> One year elective chosen from any of the areas on the approved “a-g” course list, excluding those designated as non-elective (lower-level mathematics, language other than English, and visual and performing arts).				
Must take SAT or ACT with Writing				

# Repeating D's and F's

**ALL COURSES for Remediation must be approved by your high school counselor in advance in writing.**

- Oak Park Education Foundation Summer School
- CVUSD “Get Ahead” Program
- Moorpark/ Pierce College
- Online UC approved courses
- Other schools – see counselor

An official transcript must be sent to OPHS

**\*COLLEGES DO NOT RECOGNIZE “D's” AS PASSING**

## Honors / AP Courses

- Visit AP and Honors Webpage for more information about these rigorous classes: <https://www.oakparkusd.org/page/876>
- After AP/H meetings are over, see teacher or attend Open House with questions
- Review Prerequisites in the Naviance or the Course Selection Guide online at:  
<https://sites.google.com/opusd.org/ophscoursecatalog/>
- If you do not meet the prerequisite, do **NOT** select it.
  - Appeal Forms can be turned in to front office starting the last week of school; final deadline to submit: **JUNE 12**
  - Provide ALL information requested or appeal may be automatically denied.

# What to consider when signing up for AP & Honors classes



AP & Honor Classes

[kidsinthehouse.com](http://kidsinthehouse.com)

# Health issues that arise from OVERLOAD

Headaches, stomach aches

Anxiety and depression

Family conflict

Drug use

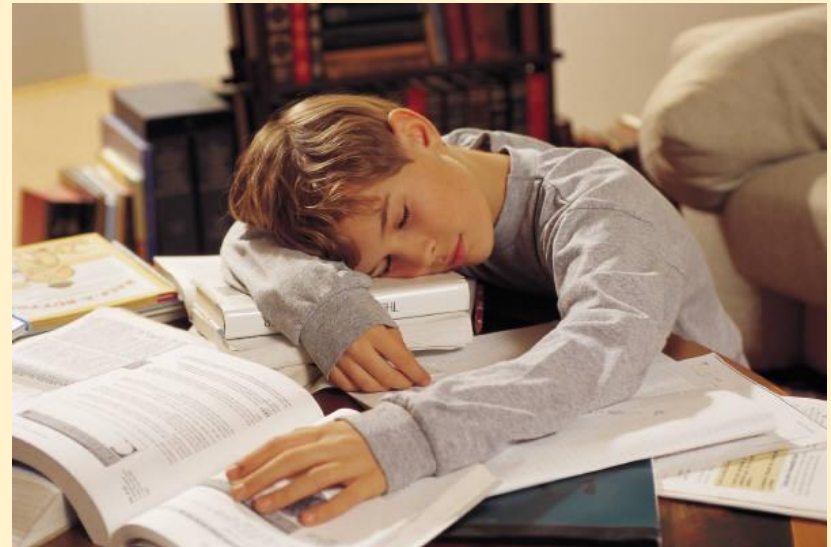
Absences

## Other debilitating disorders

Eating disorders

Self-harm/cutting

Suicidal thoughts



Average 2 hours of homework per night. Add one hour of homework per night per Honors and AP course. Consider extracurricular time requirements. **You must leave time for sleep.**

**Mandatory**  
All students  
requesting  
3 or more  
Honors and/or  
AP classes must  
submit this form  
at their 1-on-1  
counselor  
meeting with  
PARENT  
SIGNATURE.

Student Name: \_\_\_\_\_ Parent Signature \_\_\_\_\_

### SCHOOL DAY

Periods	Subject	Homework Commitment per class
0 (7:20am – 8:20am)		
1 (8:30am – 10:05am)		
2 (8:30am – 10:05am)		
3 (10:25am – 12:05pm)		
4 (10:25am – 12:05pm)		
Lunch (12:05pm – 12:50pm)		
5 (12:50pm – 2:25pm)		
6 (12:50pm – 2:25pm)		
7 <sup>th</sup> period support (2:25pm-3:10pm)		

### AFTER SCHOOL

Time	Activities/Homework
3:10 pm	
4:00 pm	
5:00 pm	
6:00 pm	
7:00 pm	
8:00 pm	
9:00 pm	
10:00 pm	SLEEP
11:00 pm	SLEEP
12:00 pm	SLEEP
1:00 am	SLEEP
2:00 am	SLEEP
3:00 am	SLEEP
4:00 am	SLEEP
5:00 am	SLEEP
6:00 am	SLEEP
7:20 am	School starts for 0 period @ OPHS
8:30 am	School starts for periods 1/2 @ OPHS



# Course Request Tutorial

**StudentConnectOne**

West Park High School

**Course Advisement**

To: All Students in Grade 9-11  
From: District Administration  
Subject: COURSE ADVISEMENT  
Date: 3/1/19

This page is no longer used because for course advisement to students will use @ Student Connect One system course or the @ @, after graduation, and must also pay attention to course advisement.

Students must attend the professional development this week.

Students (one of the links for the details)

Specific reminders of work for Student Connect One Course Advisement:

- Counseling will conduct grade-level advisement in the cafeteria during lunch on Tuesday, Wednesday, and Friday.
- Each day, your grade level of students will be responsible to get their lunch and head to the position for the mandatory meeting.
- Students will be required to stay at campus during lunch advisory because of many details they go through. Students who look at this email should stay after the meeting.
- Our cafeteria serves great food and students will be allowed early to get their lunch.

This email will apply to current student because they don't have to do course advisement. They will have their mandatory advisory meeting on March 28th. The day of March 28th.

Students must go to the grade-level advisory event.

- 1. Wednesday, March 28th at 11:00am @ cafeteria
- 2. Thursday, March 29th @ 8:00am @ Student Connect One Advisement in the @ @ @ @ the location.

# Important: Add Alternates to Course Requests

- You have the option to select an alternate to your electives; otherwise, if a class is unavailable, you will be automatically placed in any open elective course.
- To create an alternate, you must add an additional class to your course request. Then, in the drop down menu, identify what class currently listed in your course requests that it will be an alternate for.
- *Reminder: Course Requests are not a guarantee you will get a class in your final schedule.*

Cancel
Reset
Submit
**Updates Pending**

Oak Park High School (2019 - 2020)

Course	Credits	Alternate For
EN-ENG1CP English I (CP)	5.0000	
EN-ENG1CPA /English I (CP)	5.0000	
HLS-HEALTH Health	5.0000	
PE-9FALL PE 9 Fall	5.0000	
PE-9SPR PE 9 Spring	5.0000	
SCI-GLOBA Foundations of Science-P	5.0000	
SCI-GLOBAL Foundations of Science-C	5.0000	
SOC-WLDGEO World Geography (CP)	5.0000	
<input checked="" type="checkbox"/> VPA-DRPT1A /Art Drw Paint I/II (CP)	5.0000	
<input checked="" type="checkbox"/> VPA-DRPT12 Art Drw Paint I/II (CP)	5.0000	
<input checked="" type="checkbox"/> VPA-COMGRP Comptr Graph I/II (CP)	5.0000	VPA-DRPT12 Art Drw Paint I
<input checked="" type="checkbox"/> VPA-CHPGRA /Comptr Graph I/II (CP)	5.0000	VPA-DRPT1A /Art Drw Pain I
Total Credits Requested:		50.0000

Add Selected Class

Course Code	Course Description
PL-ALG11RA	/Algebra 11 w/ Trigonometry (R)
PL-ASL1A	/American Sign Language I (CP)
VPA-DRPT1A	/Art Drw Paint I/II (CP)
VPA-ADVOCA	/Chamber Choir (CP)
PL-CHIN1A	/Chinese I (CP)
VPA-ANM12A	/Comp Anim1-2 (CP)
VPA-CHPGRA	/Comptr Graph I/II (CP)
VPA-PHT12S	/Digital Photography 1-2 (CP)

**/Comptr Graph I/II (CP)** (5.0000 Credits)  
Course Description Not Available

# Course Selection Steps

- 1) Mandatory Grade-level Course Advisement Presentations  
2/18, 2/19, 2/20
    - Course Advisement Night/Open House **Thursday, 2/27 6pm**
  - 2) Fill Out **Course Selection Worksheet** - student and parent **MUST** sign ( **MUST** be turned in at counselor meeting)
  - 3) If requesting 3 or more Honors/AP classes **Mandatory Form: Snapshot Of Daily Activities** (turned in at counselor meeting)
  - 4) Input course requests in **Q** during grade-level window
  - 5) Students will meet with their counselor one on one to finalize course requests, bring questions!!!
    - Changes can be made at this time, no pre-meetings
    - **MUST BRING YOUR SIGNED COURSE SELECTION SHEET**
- ( and the Snapshot of Daily Activities if applicable)**

# Choosing Courses

- CHECK to see your **Q** log in works **ahead of time**
- Check Prerequisites in the Course Selection Guide
- Use the Naviance Course Planning tool to research your classes and read the course descriptions
- Make sure you COMPLETELY fill out your schedule before you **SAVE and SUBMIT**
- Write in **DIFFERENT Alternates on your paper and Q**
- If you don't include alternates, you will be automatically placed in whatever classes are still available.
- **No time stamps in Q.** Schedules will be created by "Q" based on class standing. No first come, first serve with "Q"
- **No Waitlist.** If a class is unavailable on Q, it is FULL. Core classes needed to graduate will be in your schedule.
- **Just because you were able to select an ELECTIVE course, does not guarantee you will get the course in your final schedule!**

# Choosing Courses on “Q”

- Make your schedule as if you are not attending Summer School
- Band – choose Wind Ensemble (then audition)
- Choir – choose Chamber Choir (then audition)
- Don’t sign up for 8<sup>th</sup> period unless you have consulted with the teacher
- Don’t sign up for a free period or study hall unless you have extra credits or are taking a Zero period.
  - Minimum 60 credits each year to be on track for graduation. You must have exceeded 60 credits in a given school year to be ahead in credits. **Check Q.**

# Important Reminders

- You are entering your best educated guess for your schedule during your window.
- Your “Q” entry is NOT necessarily the final class schedule. When you meet with your counselor, changes can be made at that time.
- The Q selection window is NOT first-come, first-serve as it was in Naviance.
- Limited access to counselors in March. Talk with your parents and bring questions with you to your counseling meeting!

## Zero and Eighth Period Offerings for 2020-2021 School Year

*All classes subject to change pending student interest and teacher availability*

### Zero Period

#### English

- English I CP (0-ENG1CP)
- Senior Seminar CP (0-EN-SRCIN and/or 0-EN-SRMYT)

#### General Electives

- Athletic Training I/II CP (0-ROPATH2)
- Digital Electronics (H) (0-GEDIGITE)
- Intro to Engineering Design CP (0-ENGIN1)
- Office Systems and Technologies - Fall and Spring (0-COMP and 0-COMP-S)

#### History/Social Science

- Government CP - Fall and Spring (0-GOV and 0-GOV-S)
- World History CP (0-WH)

#### Physical Education

- Football Team - Fall and Spring (PE-FOOT and PE-FOOT-1)
- PE 9 - Fall and Spring (0-PE9 and 0-PE9S)

#### Math

- Geometry CP (0-GEOM)
- Intro to Personal Finance CP - Fall and Spring (0-FINANCE and 0-FinanceS)
- Math Skills Lab (0-MTHSK)
- Statistics CP (0-STATCP)
- Statistics AP (0-STATAP)

#### Science

- Biology CP (0-BIOCP)
- Chemistry CP (0-CHEM)
- Environmental Science CP\* (0-ENVIR)

#### Visual/Performing Arts

- 3D Design CP (0-3DDES)
- Drawing and Painting I/II CP (0-DRWPNT)
- Jazz Band CP (VPA-JAZBND)
- Jazz Band (H) (VPA-JZBNDH)

#### World Languages

- Spanish 3 (H) (0-SPAN3H)
- Spanish Culture & Film Honors (0-SPANCFM)

---

### Eighth Period

#### General Electives

- Math Honors Society (MHS)
- Mock Trial (GE-MOCKTRL)

#### Physical Education or Visual/Performing Arts

- Advanced Band (Marching Band) - Fall Only (VPA-ADVBND)
- Advanced Band (Drumline/Colorguard) - Spring Only (VPA-ADVBNS)

# GRADE 12 - COURSE SELECTION WORKSHEET

"Q" Course Request window – March 1 (6:00 pm) through March 8 (11:00 pm)

Notes/Alternates	Description Zero Period	Credits	My Totals
<p>Circle a zero period or check no zero period below</p> <p><input type="checkbox"/> NO ZERO PERIOD</p> <p>Alternate 1: <u>Stats (yr)</u></p> <p>Alternate 2: <u>Drawing I/II</u></p>	<p>Drawing/Painting I/II CP (yearlong)</p> <p>Athletic Training II CP (S2)</p> <p>3D Design CP (yearlong)</p> <p>Digital Electronics (H) (yearlong)</p> <p>Biology CP (yearlong)</p> <p>Chemistry CP (yearlong)</p> <p>Math Skills Lab (S1 or S2)</p> <p>Football (S1 &amp; S2)</p> <p>PE 9 (S1 &amp; S2)</p> <p>Geometry CP (yearlong)</p> <p>Government CP (S1 &amp; S2)</p> <p>Intro to Engineering CP (yearlong)</p> <p>Intro to Personal Finance CP (S1 &amp; S2)</p> <p>Jazz Band H (yearlong)</p> <p>Math Analysis CP (yearlong)</p> <p>Office Systems (S1 or S2)</p> <p>Spanish III (H) (yearlong)</p> <p>Spanish Culture &amp; Film (yearlong)</p> <p>Statistics CP/AP (yearlong)</p> <p>World History CP (yearlong)</p>	0-10	10
<p>Circle 10 credits of the level you desire and qualify for.</p>	<p>English</p> <p>English IV CP Options</p> <p>Mythology to Science Fiction CP</p> <p>Environmental &amp; Sustainability Lit.</p> <p>Cinematic Texts CP</p> <p>English IV AP &amp; Honors Options</p> <p>English IV Honors</p> <p>AP English Literature and Composition (aka English IV AP)</p> <p>Journalism II (H)</p> <p>Modern American Sports Lit CP</p> <p>Madness and Identity CP</p>	5+5 0-10	10
<p>Circle the level you desire and qualify for.</p>	<p>History/Social Sciences</p> <p>Government CP</p> <p>AP US Government (S1 only)</p> <p>Economics CP</p> <p>AP Macroeconomics (S2 only)</p> <p>Economics: Geopolitics &amp; The World</p>	5 5	5
<p>Circle the level you desire and qualify for.</p>		5	5
<b>CREDIT SUBTOTAL</b>		<b>25-35</b>	
<p>Alternate 1: <u>Sociology</u></p> <p>Alternate 2: <u>Psychology</u></p> <p>Alternate 3: <u>Video production</u></p> <p>Alternate 4:</p> <p>Alternate 5:</p>	<p>Elective 1: <u>ROP Game Design</u></p> <p>Elective 2: <u>Sociology of American Pop Music</u></p> <p>Elective 3: <u>CERT/EMS</u></p> <p>Elective 4:</p> <p>Elective 5:</p>	10-35	10 5 5
<p>Seniors entering the Fall with 180 credits may choose free periods if you have selected at least 50 credits and are taking 5 classes on campus unless you are doing a Dual Enrollment class.</p>	<p><b>FREE PERIODS</b></p> <p>Free Period (Fall Semester)</p> <p>Free Period (Spring Semester)</p> <p>Free Period (All Year)</p>	0	
	<p><b>PHYSICAL EDUCATION/OPHS CIF SPORT(S)</b></p> <p>If you still need PE credit, please list the PE class you plan to take below. Or, if you play a sport for OPHS, please write the name of the sport below.</p>	0-10	
<p>Circle an option for each semester. If your PE requirement is complete, select PE Done. Bolded classes are for student/athletes who have already made these teams.</p> <p><input type="checkbox"/> PE DONE</p>	<p>Playing an OPHS Sport, Cheer, Stunt or Dance team(s)</p> <p>Basketball class</p> <p>Baseball class</p> <p>Girls' Soccer class</p> <p>Girls' Volleyball class</p> <p>Intramural Basketball</p> <p>Strength &amp; Conditioning class</p> <p>Ultimate Sports class</p> <p>Walking for Fitness class</p> <p>Playing an OPHS Sport, Cheer, Stunt or Dance team(s)</p> <p>Basketball class</p> <p>Baseball class</p> <p>Girls' Softball class</p> <p>Boys' Volleyball class</p> <p>Intramural Basketball</p> <p>Strength &amp; Conditioning class</p> <p>Ultimate Sports class</p> <p>Walking for Fitness class</p>	0-15	
<b>ELECTIVE CREDIT SUBTOTAL</b>		<b>25-45</b>	
	<p><b>Eighth Period</b></p> <p>Mock Trial, Acting, Stagecraft (audition/pre-approval required)</p> <p>Advanced Band (Marching Band) (S1)</p> <p>Advanced Band (Drumline – Color Guard – Jazz) (S2)</p>	2.5-20	
<b>FINAL CREDIT TOTAL</b>		<b>50-70</b>	<b>60</b>

Student Name (Print Clearly):

Jane Goodell

Parent Signature:

## Notes:

(Q) = Quarter Class (2.5 credits)  
(S) = Semester Class (5 credits)  
(Y) = Yearlong Class (10 credits)  
CP = College Prep-UC/CSU "a-g" approved  
(H) = UC/CSU approved Honors course  
Honors = High School Honors course  
AP = Advanced Placement class  
\* = Course may be taken multiple times in high school career per instructor approval  
\*\* = CP/Honors "a-g" approval pending

Please refer to the OPHS Course Selection Guide on the OPHS Website or the Course Catalog in Naviance for full course descriptions, prerequisites, and grade level restrictions.

## ENGLISH

- (Y) English I CP (EN-ENG1CP)
- (Y) English II CP (EN-ENG2CP)
- (Y) English II Honors (EN-ENG2H) \*\*\*
- (Y) English III CP (EN-ENG3CP)
- (Y) English III (H) (EN-ENG3H)
- (Y) AP English Language & Composition (aka English III AP) (EN-ENG3AP)
- (Y) AP English Literature & Composition (aka English IV AP) (EN-ENG4AP)
- (Y) English IV (H) (EN-ENG4H)
- (Y) Journalism II: Newspaper Production (H) (EN-JOURN2H)
- (S) Cinematic Texts CP (EN-SRCINE)
- (S) Madness & Identity CP (EN-SRMAD)
- (S) Modern American Lit CP: Sports & Culture (EN-SRSPORT)
- (S) Mythology to Science Fiction CP (EN-SRMYTH)
- (S) Environmental and Sustainability Literature (EN-SRENVIR) \*\*\*

## GENERAL ELECTIVES

- (Y) ASB Government CP (GE-ASBGOVT) \*\*
- (S) Academic Decathlon (GE-ACADEC) \*
- (S) Creative Writing CP (GE-CRWRIT)
- (Y) Directed Studies (STSKL) \*
- (Y) ELL Lab (GE-ELLAB) \*\*
- (S) Film As Lit I CP (GE-FLMLIT1)
- (S) Intro to Personal Finance CP (M-FINANCE) \*\*
- (S) Life Skills (HLS-LIFESK)
- (S or Y) Math Honors Society (MHS) \*
- (Y) Mind Matters (H) (GE-MndMtrs-1) \*\*
- (Y) Mock Trial (GE-MOCKTRL) \*\*/\*\*
- (S) Psychology CP (SOC-PSYCH)
- (Y) AP Psychology (SOC-PSYCAP)
- (S) Sociology CP (SOC-SOCIO)
- (S) Sociology of American Pop Music CP (SOC-SOCMUS)

- (S) Speech CP (PS-SPEECH)
- (S or Y) Athletic Training 1/2 CP (PS-ROPATH)
- (S) CERT/EMS CP (PS-ROPATH3)
- (Y) Aerospace Engineering (H) (GE-AEH)
- (Y) Introduction to Engineering Design CP (GE-INTROENG)
- (Y) Civil Engineering & Architecture CP (GE-CIVIL)
- (Y) Digital Electronics (H) (GE-DIGITE)
- (Y) Mechatronics Engineering Lab (H) (GE-EDD)
- (S) Construction Tech: Cabinetry (aka Woodshop) (PS-WOOD1) \*\*/\*\*
- (S) Technical Drafting & Design (aka Architecture) (PS-BEGARCH) \*\*/\*\*
- (Y) AP Computer Science Principles (CL-APCSP)
- (S) Intro to Programming (CL-COMPPRO) \*\*\*
- (S) Office Systems & Technologies (CL-COMPAPP) \*\*
- (S) Robotics (CL-ROBOT) \*\*\*
- (S) ROP Web Design CP (CL-MULTMED)
- (Y) IT Essentials - Intro to Cyber Security CP (CL-ITESSEN)
- (Y) ROP Game Design CP (GE-GameDes)
- (Y) Journalism I: Intro to Journalism CP (PS-JOURNAL or PS-JOURNALS)
- (Y) Journalism II: Newspaper Production (H) (EN-JOURN2H)
- (S or Y) Yearbook (PS-YEARBK) \*\*
- (Q) Acting: Theater A CP (S-THETRA) \*
- (Q) Stagecraft (PS-ROPSTCR) \*\*/\*\*
- Note: Acting and Stagecraft students must be selected to be a member of the Stage Cast or Crew for after school productions to receive credit.**
- (S) School Service (SCHOOLSVC) \*
- Note: Seniors only. 10 credits maximum**
- (S) Study Hall-Fall/Spring (STUDYHALL-1 or 2) \*\*
- Note: No credit is granted for Study Hall**

## HISTORY/SOCIAL STUDIES & HEALTH

- (S) Economics CP (SOC-ECON)
- (S) Geopolitics and the World Today (SOC-ECONGE) \*\*\*
- (S) AP Macroeconomics (SOC-ECONAP)
- (S) Government CP (SOC-GOVT)
- (S) AP US Govt & Politics (SOC-GOVTAP)
- (Y) US History CP (SOC-USH)
- (Y) US History (H) (SOC-USHH)
- (Y) AP US History (SOC-USHAP)
- (Y) World History CP (SOC-WH)
- (S) Health CP (HLS-HEALTH)
- (S) World Geography CP (SOC-WLDGEO)

## MATH

- (Y) Algebra IA CP (M-ALG1AYR)
- (Y) Algebra IB CP (M-ALG1BYR)
- Note: Algebra 1A & 1B count as 1 year of CP level Math upon completion of 1B with a "C" or higher grade for college admission purposes.**
- (Y) Algebra I CP (M-ALG1)
- (Y) Geometry CP (M-GEOMCP)
- (Y) Algebra II CP (M-ALG2)
- (Y) Algebra II with Trigonometry Honors (M-ALG2TRIG)
- (Y) Finite Math CP (M-FINITE)
- (Y) Statistics CP (M-STATCP)
- (Y) AP Statistics (M-STATAP)
- (Y) Math Analysis CP (M-ANALYSIS)
- (Y) Math Analysis w/Calculus (H) (M-FRECALC)
- (Q or S) Math Skills Lab (M-MATHSKLS) \*
- Note: Zero Period only**
- (Y) AP Calculus AB (M-CALCAP)
- (Y) AP Calculus BC (M-CALCBC)

## PHYSICAL EDUCATION

- (S or Y) PE 1 (PE-9FALL or PE-9SPR)
- (S) Baseball Team (Spring) (PE-BASEB) \*\*
- (S or Y) Basketball Team (PE-BASKET) \*
- (S or Y) Football Team (PE-FOOT) \* **Zero prd only**
- (S) Girls Soccer Team (Fall) (PE-Soccer) \*\*
- (S) Girls Softball Team (Spring) (PE-Softbl) \*
- (S) Boys Volleyball Team (Spring) (PE-VBALL) \*
- (S) Girls Volleyball Team (Fall) (PE-VBALLG) \*
- (S or Y) PE - Intramural Sport (PE-INTBAS)
- (S or Y) PE - Strength and Conditioning (PE-STRCON)
- (S or Y) PE - Ultimate Sports (PE-ULTIM)
- (S or Y) PE - Walking For Exercise (PE-WALK or PE-WALKS)

## SCIENCE

- (Y) Anatomy & Physiology CP (SCI-ANPH)
- (Y) Biology I CP (SCI-BIO)
- (Y) Biology I Honors (SCI-BIOIH) \*\*\*
- (Y) AP Biology (SCI-BIOAP)
- (Y) Chemistry CP (SCI-CHEM)
- (Y) Chemistry (H) (SCI-CHEMH)
- (Y) AP Chemistry (SCI-CHEMAP)
- (Y) Environmental Science (SCI-ENVCP) \*\*\*
- (Y) AP Environmental Science (SCI-ENVAP)
- (Y) Foundations of Science P&C CP (SCI-GLOBAL)
- (Y) Fundamentals of Science (SCI-FUND)
- (Y) Physics CP (SCI-PHYSIC)
- (Y) AP Physics 1 (SCI-PHYAPI)
- (Y) AP Physics 2 (SCI-PHYAP2)

## VISUAL & PERFORMING ARTS

- (Q) Acting: Theater A CP (S-THETRA) \*
- (Y) Art: Drawing & Painting I/II CP (VPA-DRPT12)
- (Y) Adv Drawing & Painting III/IV CP (VPA-ADDP12)
- (Y) AP Art: Drawing (VPA-ARTAP)
- (Y) Art: 3-D Design I/II CP (aka Ceramics) (VPA-3D1-2)
- (Y) Advanced 3-D Design CP (VPA-AD3D12)
- (Y) AP 3D Art and Design (VPA-AD3D12)
- (Y) Computer Animation I/II CP (VPA-ANMI-2)
- (Y) Advanced Animation III/IV CP (VPA-ADAN34)
- (Y) Digital Photography I/II CP (VPA-Phot12)
- (Y) Computer Graphics I/II CP (VPA-COMGRP)
- (Y) Advanced Computer Graphics CP (VPA-ADCOGR)
- (Y) AP 2D Art and Design (aka AP Computer Graphics) (VPA-GRAPAP)
- (Y) Video Production (CP) (VPA-THETRE)
- (Y) Advanced Video Production (VPA-VPADV) \*\*
- (S) Advanced Band CP (Marching Band) (VPA-BANDADV) \* **3th Period Fall only**
- (S) Advanced Band CP (Drumline, Color Guard, Jazz) (VPA-ADVBNB) \* **3th Period Spring only**
- (Y) String Orchestra CP (VPA-STOROC) \*
- (Y) String Orchestra (H) (VPA-StrngH) \*
- (Y) Wind Ensemble CP (VPA-CNCBND) \*
- (Y) Wind Ensemble (H) (VPA-WIND) \* **By audition only**
- (Y) Jazz Band CP (VPA-JAZBND) \*\*
- (Y) Jazz Band (H) (VPA-JZBNDH) \*\*
- Jazz Band CP/Honors: Zero period and By audition only**
- (Y) Chamber Choir CP (VPA-ADVOC) \*\*
- (Y) Chamber Choir (H) (VPA-HCHOIR) \*\*
- Chamber Choir CP/Honors: By audition only**
- (Y) Vocal Ensemble CP (VPA-VOCPRO) \*\*

## WORLD LANGUAGES (LOTE)

### Language Other Than English

- (Y) American Sign Language 1 CP (FL-ASL1)
- (Y) American Sign Language 2 CP (FL-ASL2)
- (Y) American Sign Language 3 CP (FL-ASL3)
- (Y) American Sign Language 3 (H) (FL-ASL3H)
- (Y) American Sign Language 4 (H) (ASL IV H)
- (Y) Chinese I CP (FL-CHINICP)
- (Y) Chinese II CP (FL-CHIN2CP)
- (Y) Chinese III CP (FL-CHIN3CP)
- (Y) Chinese III (H) (FL-CHIN3H)
- (Y) AP Chinese Language and Culture (FL-CHIN4AP)
- (Y) French I CP (FL-FRENCH1)
- (Y) French II CP (FL-FRENCH2)
- (Y) French III CP (FL-FRENCH3)
- (Y) French III (H) (FL-FREN3H)
- (Y) French IV CP (FL-FRENCH4)
- (Y) AP French Language and Culture (FL-FREN4AP)
- (Y) Spanish I CP (FL-SPAN1)
- (Y) Spanish II CP (FL-SPAN2)
- (Y) Spanish III CP (FL-SPAN3)
- (Y) Spanish III (H) (FL-SPAN3H)
- (Y) Spanish IV Honors (FL-SPAN4) \*\*
- (Y) AP Spanish Lang. and Culture (FL-SPAN4AP)
- (Y) Spanish Culture & Film (H) (FL-SPANCFM) \*\*

# Typical 12th Grade Schedule

*Seniors must enroll in a minimum of 5 classes each semester regardless of credit standing*

- English CP/H/AP
  - **CP classes are semester seminars by topic - CHOOSE 2**
  - **Options:** Cinematic Texts, Modern American Lit, Myth to Sci Fri, Madness and Identity, Environmental & Sustainability Lit.
- Government CP or AP (1 Sem)
- Economics CP, Geopolitics and the World Today CP or Macroeconomics AP (1 Sem)
- Any remaining credits: Math, Science, Tech, Practical Skill, VPA
- Electives:
  - Four-year college: Recommend continuing with math and other STEM-related or major-specific courses
  - All Consider meaningful electives for personal & academic development; consider college admission requirements
- *Free period available if ahead in credits; double afternoon free periods if taking a zero period and ahead in credits*

# Filling out the Course Selection Sheet: Grade 12

- 1) Zero Period - If you are planning to take a zero period, circle your preferred option**

*Write in at least one alternative*

- 2) Circle your English class level:**

CP Semester Seminar Classes: Circle 2 and write in at least one alternative on the left

ENGLISH IV H, AP English Lit & Comp (Eng IV AP) or Journalism II H

- 3) Circle your Government and Economics Level:**

Government CP or

AP Gov (S1 only)

Economics CP, or Geopolitics & the World, or

AP Macroeconomics (S2 only)

# Filling out the Course Selection Sheet: Grade 12

4) Fill in Electives (Add alternatives on left)

*Considerations:*

- *many colleges will want four years of math*
- *many highly selective colleges will want four years of laboratory science or other STEM-related course*

5) Free Periods - circle S1, S2, or Full Year

*\*Available to seniors if:*

- *Taking a 0 period and have 6 classes/30 credits scheduled for the semester*
- *Ahead in credits (ahead 5 credits for 1 semester, ahead 10 credits for full year)*

# Filling out the Course Selection Sheet: Grade 12

## 6) PE/Sport Participation

- *If you have met your PE credits, check box on left*
- *If you are continuing to play an OPHS sport for PE credit or other qualifying team activity, fill in*
- *Bolded sports classes listed requires you have made the team*
- *2 Boxes are to note fall and spring options*

## 7) Circle 8th period options if apply

- *all require audition or approval from department*

## 8) Student AND Parent must sign form.

- **Bring to 1:1 counselor meeting**, along with any questions.

# GRADE 11 - COURSE SELECTION WORKSHEET

"Q" Course Request window – March 3 (9:00 pm) through March 8 (11:00 pm)

Notes/Alternates	Zero Period	Credits	My Totals
<p>Circle a zero period or check: no zero period below</p> <p><input type="checkbox"/> NO ZERO PERIOD</p> <p>Alternate 1: <u>3D design</u></p> <p>Alternate 2: <u>Draw/Painting</u></p>	<p>Drawing/Painting III CP (yearlong)</p> <p>Athletic Training II CP (S2)</p> <p>3D Design CP (yearlong)</p> <p>Digital Electronics (H) (yearlong)</p> <p>Biology CP (yearlong)</p> <p><u>Chemistry CP (yearlong)</u></p> <p>Math Skills Lab (S1 or S2)</p> <p>Football (S1 &amp; S2)</p> <p>PE 9 (S1 &amp; S2)</p> <p>Geometry CP (yearlong)</p> <p>Government CP (S1 &amp; S2)</p> <p>Intro to Engineering CP (yearlong)</p> <p>Intro to Personal Finance CP (S1 &amp; S2)</p> <p>Jazz Band II (yearlong)</p> <p>Math Analysis CP (yearlong)</p> <p>Office Systems (S1 or S2)</p> <p>Spanish III (H) (yearlong)</p> <p>Spanish Culture &amp; Film (yearlong)</p> <p>Statistics CP/AP (yearlong)</p> <p>World History CP (yearlong)</p>	0-10	10
Circle the level you desire and qualify for.	<p><b>English</b></p> <p>English III CP</p> <p>English III H</p> <p><u>AP English Language and Comp (aka English III AP)</u></p> <p>Journalism II H</p>	10	10
Circle the level you desire and qualify for.	<p><b>History/Social Sciences</b></p> <p>US History CP</p> <p>AP US History</p> <p><u>US History H</u></p>	10	10
Circle the level you desire and qualify for.	<p><b>Science</b></p> <p>Biology CP/H</p> <p>Chemistry CP</p> <p>Chemistry H</p> <p>AP Chemistry</p>	10	
Circle the level you desire and qualify for.	<p><b>Mathematics</b></p> <p>Algebra IB CP</p> <p>Algebra I</p> <p>Geometry CP</p> <p><u>Algebra II CP</u></p> <p>Algebra II With Trigonometry H</p> <p>Math Analysis CP</p> <p>Math Analysis With Calculus H</p> <p>Finite Math CP</p> <p>Statistics CP</p> <p>AP Statistics</p> <p>AP Calculus AB</p> <p>AP Calculus BC</p> <p>Intro to Personal Finance</p>	10	10
	<p><b>OPHS CIF SPORT(S)</b></p> <p>Please circle the PE class you plan to take below. Or, if you play a sport for OPHS, please write the name of the sport below.</p>		
	<p><b>Physical Education</b></p> <p>Playing an OPHS Sport, Cheer, Stunt or Dance team(s)</p> <p><u>Basketball class</u></p> <p>Baseball class</p> <p>Girls' Soccer class</p> <p>Girls' Volleyball class</p> <p>Intramural Basketball</p> <p>Strength &amp; Conditioning class</p> <p>Ultimate Sports class</p> <p>Walking for Fitness class</p> <p>Playing an OPHS Sport, Cheer, Stunt or Dance team(s)</p> <p><u>Basketball class</u></p> <p>Baseball class</p> <p>Girls' Softball class</p> <p>Boys' Volleyball class</p> <p>Intramural Basketball</p> <p>Strength &amp; Conditioning class</p> <p>Ultimate Sports class</p> <p>Walking for Fitness class</p>	0-15	10
<p>Circle an option for each semester. If your PE requirement is complete, select PE Done. Bolded classes are for student/athletes who have already made these teams.</p> <p><input type="checkbox"/> PE DONE</p>			
<b>CREDIT SUBTOTAL</b>		40-60	
Alternate 1: <u>Psychology</u>	Elective 1: <u>3D Design</u>		10
Alternate 2: <u>Sociology</u>	Elective 2:		
Alternate 3:	Elective 3:		
	<p><b>Eighth Period</b></p> <p>Mock Trial, Acting, Stagecraft (audition/pre-approval required)</p> <p>Advanced Band (Marching Band) (S1)</p> <p>Advanced Band (Drumline – Color Guard – Jazz) (S2)</p>	2.5-20	
<b>ELECTIVE CREDIT SUBTOTAL</b>		10-30	
<p>Juniors entering the Fall with 3.0 GPA and 120 credits may choose a free period or Study Hall if you have at least 50 credits and 5 classes on campus</p>	<p><u>Free Period (Fall Semester)</u></p> <p>Study Hall (Fall Semester)</p> <p><u>Free Period (Spring Semester)</u></p> <p>Study Hall (Spring Semester)</p>	0	0
<b>FINAL CREDIT TOTAL</b>		60-80	60

Student Name (Print Clearly): Bob Dylan

Parent Signature: [Signature]

## Notes:

(Q) = Quarter Class (2.5 credits)  
(S) = Semester Class (5 credits)  
(Y) = Yearlong Class (10 credits)  
CP = College Prep-UC/CSU "a-g" approved  
(H) = UC/CSU approved Honors course  
Honors = High School Honors course  
AP = Advanced Placement class  
\* = Course may be taken multiple times in high school career per instructor approval  
\*\* = CP/Honors "a-g" approval pending

Please refer to the OPHS Course Selection Guide on the OPHS Website or the Course Catalog in Naviance for full course descriptions, prerequisites, and grade level restrictions.

## ENGLISH

- (Y) English I CP (EN-ENG1CP)
- (Y) English II CP (EN-ENG2CP)
- (Y) English II Honors (EN-ENG2H) \*\*\*
- (Y) English III CP (EN-ENG3CP)
- (Y) English III (H) (EN-ENG3H)
- (Y) AP English Language & Composition (aka English III AP) (EN-ENG3AP)
- (Y) AP English Literature & Composition (aka English IV AP) (EN-ENG4AP)
- (Y) English IV (H) (EN-ENG4H)
- (Y) Journalism II: Newspaper Production (H) (EN-JOURN2H)
- (S) Cinematic Texts CP (EN-SRCINE)
- (S) Madness & Identity CP (EN-SRMAD)
- (S) Modern American Lit CP: Sports & Culture (EN-SRSPORT)
- (S) Mythology to Science Fiction CP (EN-SRMYTH)
- (S) Environmental and Sustainability Literature (EN-SRENVIR) \*\*\*

## GENERAL ELECTIVES

- (Y) ASB Government CP (GE-ASBGOVT) \*\*
- (S) Academic Decathlon (GE-ACADEC) \*
- (S) Creative Writing CP (GE-CRWRIT)
- (Y) Directed Studies (STSKL) \*
- (Y) ELL Lab (GE-ELLAB) \*\*
- (S) Film As Lit I CP (GE-FLMLIT1)
- (S) Intro to Personal Finance CP (M-FINANCE) \*\*
- (S) Life Skills (HLS-LIFESK)
- (S or Y) Math Honors Society (MHS) \*
- (Y) Mind Matters (H) (GE-MndMtrs-1) \*\*
- (Y) Mock Trial (GE-MOCKTRL) \*\*/\*\*
- (S) Psychology CP (SOC-PSYCH)
- (Y) AP Psychology (SOC-PSYCAP)
- (S) Sociology CP (SOC-SOCIO)
- (S) Sociology of American Pop Music CP (SOC-SOCMUS)

- (S) Speech CP (PS-SPEECH)
- (S or Y) Athletic Training 1/2 CP (PS-ROPATH)
- (S) CERT/EMS CP (PS-ROPATH3)
- (Y) Aerospace Engineering (H) (GE-AEH)
- (Y) Introduction to Engineering Design CP (GE-INTROENG)
- (Y) Civil Engineering & Architecture CP (GE-CIVIL)
- (Y) Digital Electronics (H) (GE-DIGITE)
- (Y) Mechatronics Engineering Lab (H) (GE-EDD)
- (S) Construction Tech: Cabinetry (aka Woodshop) (PS-WOOD1) \*\*/\*\*
- (S) Technical Drafting & Design (aka Architecture) (PS-BEGARCH) \*\*/\*\*
- (Y) AP Computer Science Principles (CL-APCSP)
- (S) Intro to Programming (CL-COMPPRO) \*\*\*
- (S) Office Systems & Technologies (CL-COMPAPP) \*\*
- (S) Robotics (CL-ROBOT) \*\*\*
- (S) ROP Web Design CP (CL-MULTMED)
- (Y) IT Essentials - Intro to Cyber Security CP (CL-ITESSEN)
- (Y) ROP Game Design CP (GE-GameDes)
- (Y) Journalism I: Intro to Journalism CP (PS-JOURNAL or PS-JOURNALS)
- (Y) Journalism II: Newspaper Production (H) (EN-JOURN2H)
- (S or Y) Yearbook (PS-YEARBK) \*\*
- (Q) Acting: Theater A CP (S-THETRA) \*
- (Q) Stagecraft (PS-ROPSTCR) \*\*/\*\*
- Note: Acting and Stagecraft students must be selected to be a member of the Stage Cast or Crew for after school productions to receive credit.*
- (S) School Service (SCHOOLSVC) \*
- Note: Seniors only. 10 credits maximum*
- (S) Study Hall-Fall/Spring (STUDYHALL-1 or 2) \*\*
- Note: No credit is granted for Study Hall*

## HISTORY/SOCIAL STUDIES & HEALTH

- (S) Economics CP (SOC-ECON)
- (S) Geopolitics and the World Today (SOC-ECONGE) \*\*\*
- (S) AP Macroeconomics (SOC-ECONAP)
- (S) Government CP (SOC-GOVT)
- (S) AP US Govt & Politics (SOC-GOVTAP)
- (Y) US History CP (SOC-USH)
- (Y) US History (H) (SOC-USHH)
- (Y) AP US History (SOC-USHAP)
- (Y) World History CP (SOC-WH)
- (S) Health CP (HLS-HEALTH)
- (S) World Geography CP (SOC-WLDGEO)

## MATH

- (Y) Algebra IA CP (M-ALG1AYR)
- (Y) Algebra IB CP (M-ALG1BYR)
- Note: Algebra 1A & 1B count as 1 year of CP level Math upon completion of 1B with a "C" or higher grade for college admission purposes.*
- (Y) Algebra I CP (M-ALG1)
- (Y) Geometry CP (M-GEOMCP)
- (Y) Algebra II CP (M-ALG2)
- (Y) Algebra II with Trigonometry Honors (M-ALG2TRIG)
- (Y) Finite Math CP (M-FINITE)
- (Y) Statistics CP (M-STATCP)
- (Y) AP Statistics (M-STATAP)
- (Y) Math Analysis CP (M-ANALYSIS)
- (Y) Math Analysis w/Calculus (H) (M-FRECALC)
- (Q or S) Math Skills Lab (M-MATHSKLS) \*
- Note: Zero Period only*
- (Y) AP Calculus AB (M-CALCAP)
- (Y) AP Calculus BC (M-CALCBC)

## PHYSICAL EDUCATION

- (S or Y) PE 1 (PE-9FALL or PE-9SPR)
- (S) Baseball Team (Spring) (PE-BASEB) \*\*
- (S or Y) Basketball Team (PE-BASKET) \*
- (S or Y) Football Team (PE-FOOT) \* *Zero prd only*
- (S) Girls Soccer Team (Fall) (PE-Soccer) \*\*
- (S) Girls Softball Team (Spring) (PE-Softbl) \*
- (S) Boys Volleyball Team (Spring) (PE-VBALL) \*\*
- (S) Girls Volleyball Team (Fall) (PE-VBALLG) \*\*
- (S or Y) PE - Intramural Sport (PE-INTBAS)
- (S or Y) PE - Strength and Conditioning (PE-STRCON)
- (S or Y) PE - Ultimate Sports (PE-ULTIM)
- (S or Y) PE - Walking For Exercise (PE-WALK or PE-WALKS)

## SCIENCE

- (Y) Anatomy & Physiology CP (SCI-ANPH)
- (Y) Biology I CP (SCI-BIO)
- (Y) Biology I Honors (SCI-BIOIH) \*\*\*
- (Y) AP Biology (SCI-BIOAP)
- (Y) Chemistry CP (SCI-CHEM)
- (Y) Chemistry (H) (SCI-CHEMH)
- (Y) AP Chemistry (SCI-CHEMAP)
- (Y) Environmental Science (SCI-ENVCP) \*\*\*
- (Y) AP Environmental Science (SCI-ENVAP)
- (Y) Foundations of Science P&C CP (SCI-GLOBAL)
- (Y) Fundamentals of Science (SCI-FUND)
- (Y) Physics CP (SCI-PHYSIC)
- (Y) AP Physics 1 (SCI-PHYAPI)
- (Y) AP Physics 2 (SCI-PHYAP2)

## VISUAL & PERFORMING ARTS

- (Q) Acting: Theater A CP (S-THETRA) \*
- (Y) Art: Drawing & Painting I/II CP (VPA-DRPT12)
- (Y) Adv Drawing & Painting III/IV CP (VPA-ADDP12)
- (Y) AP Art: Drawing (VPA-ARTAP)
- (Y) Art: 3-D Design I/II CP (aka Ceramics) (VPA-3D1-2)
- (Y) Advanced 3-D Design CP (VPA-AD3D12)
- (Y) AP 3D Art and Design (VPA-AD3D12)
- (Y) Computer Animation I/II CP (VPA-ANMI-2)
- (Y) Advanced Animation III/IV CP (VPA-ADAN34)
- (Y) Digital Photography I/II CP (VPA-Phot12)
- (Y) Computer Graphics I/II CP (VPA-COMGRP)
- (Y) Advanced Computer Graphics CP (VPA-ADCOGR)
- (Y) AP 2D Art and Design (aka AP Computer Graphics) (VPA-GRAPAP)
- (Y) Video Production (CP) (VPA-THETRE)
- (Y) Advanced Video Production (VPA-VPADV) \*\*
- (S) Advanced Band CP (Marching Band) (VPA-BANDAD1) \* *3th Period Fall only*
- (S) Advanced Band CP (Drumline, Color Guard, Jazz) (VPA-ADVBNB) \* *3th Period Spring only*
- (Y) String Orchestra CP (VPA-STOROC) \*
- (Y) String Orchestra (H) (VPA-StrngH) \*\*
- (Y) Wind Ensemble CP (VPA-CNCBND) \*
- (Y) Wind Ensemble (H) (VPA-WIND) \* *By audition only*
- (Y) Jazz Band CP (VPA-JAZBND) \*\*
- (Y) Jazz Band (H) (VPA-JZBNDH) \*\*
- Jazz Band CP/Honors: Zero period and By audition only*
- (Y) Chamber Choir CP (VPA-ADVOC) \*\*
- (Y) Chamber Choir (H) (VPA-HCHOIR) \*\*
- Chamber Choir CP/Honors: By audition only*
- (Y) Vocal Ensemble CP (VPA-VOCPRO) \*\*

## WORLD LANGUAGES (LOTE)

### Language Other Than English

- (Y) American Sign Language 1 CP (FL-ASL1)
- (Y) American Sign Language 2 CP (FL-ASL2)
- (Y) American Sign Language 3 CP (FL-ASL3)
- (Y) American Sign Language 3 (H) (FL-ASL3H)
- (Y) American Sign Language 4 (H) (ASL IV H)
- (Y) Chinese I CP (FL-CHINICP)
- (Y) Chinese II CP (FL-CHIN2CP)
- (Y) Chinese III CP (FL-CHIN3CP)
- (Y) Chinese III (H) (FL-CHIN3H)
- (Y) AP Chinese Language and Culture (FL-CHIN4AP)
- (Y) French I CP (FL-FRENCH1)
- (Y) French II CP (FL-FRENCH2)
- (Y) French III CP (FL-FRENCH3)
- (Y) French III (H) (FL-FREN3H)
- (Y) French IV CP (FL-FRENCH4)
- (Y) AP French Language and Culture (FL-FREN4AP)
- (Y) Spanish I CP (FL-SPAN1)
- (Y) Spanish II CP (FL-SPAN2)
- (Y) Spanish III CP (FL-SPAN3)
- (Y) Spanish III (H) (FL-SPAN3H)
- (Y) Spanish IV Honors (FL-SPAN4) \*\*
- (Y) AP Spanish Lang. and Culture (FL-SPAN4AP)
- (Y) Spanish Culture & Film (H) (FL-SPANCFM) \*\*

# Typical 11th Grade Schedule

1. English III CP/ H/ AP or Journalism II H
2. US History CP/H/AP
3. Science
  - ★ Chemistry CP/H/AP or Biology CP/H/AP
4. Math
  - ★ Geom, Algebra II/H, Finite Math,  
Math Analysis CP/H, AP Calc AB
5. Elective
  - ★ VPA, General Elective
  - ★ World Language - Spanish/Chinese/French/ASL
6. Elective (or Free Period if ahead in credits)

# Filling out the Course Selection Sheet: Grade 11

- 1) Zero Period - If you are planning to take a zero period, circle your preferred option now

*Write in at least one alternative*

- 2) Circle your English class level:

ENGLISH III CP, ENGLISH III H, AP English Lang & Comp (ENG 3 AP) or Journalism II H

- 3) Circle your US History class level

US HISTORY CP, US HISTORY H, AP US HISTORY

- 4) Circle your Science class level

# Filling out the Course Selection Sheet: Grade 11

5) Circle your Math class level

6) PE/Sport Participation

- *If you have met your PE credits, check box on left*
- *If you are continuing to play an OPHS sport for PE credit or other qualifying team activity, fill in*
- *Bolded sports classes listed requires you have made the team*
- *2 Boxes are to note fall and spring options*

7) Fill in elective options

- *You must write in alternatives on left*

# Filling out the Course Selection Sheet: Grade 11

8) Circle 8th period options if apply

- *all require audition or approval from department*

9) Free Period or Study Hall Options

- Juniors may take a free period or study hall
- *If taking a 0 period and have 6 classes/30 credits scheduled for the semester*
- *Or, juniors may take five classes with a free period with a 3.0 GPA or higher and are ahead in credits with five*

10) Student AND Parent must sign form.

- **Bring to 1:1 counselor meeting**, along with any questions.

# GRADE 10 - COURSE SELECTION WORKSHEET

"Q" Course Request window – March 5 (9:00 pm) through March 8 (11:00 pm)

Notes/Alternates	Zero Period	Credits	My Totals
<p>Circle a zero period or check no zero period below</p> <p><input type="checkbox"/> NO ZERO PERIOD</p> <p>Alternate 1: <u>Bio CP</u></p> <p>Alternate 2: <u>Art/Painting</u></p>	<p>Drawing/Painting I/II CP (yearlong)</p> <p>Athletic Training II CP (S2)</p> <p>3D Design CP (yearlong)</p> <p>Digital Electronics (H) (yearlong)</p> <p>Biology CP (yearlong)</p> <p>Chemistry CP (yearlong)</p> <p>Math Skills Lab (S1 or S2)</p> <p>Football (S1 &amp; S2)</p> <p>PE 9 (S1 &amp; S2)</p> <p><u>Geometry CP (yearlong)</u></p> <p>Government CP (S1 &amp; S2)</p> <p>Intro to Engineering CP (yearlong)</p> <p>Intro to Personal Finance CP (S1 &amp; S2)</p> <p>Jazz Band II (yearlong)</p> <p>Math Analysis CP (yearlong)</p> <p>Office Systems (S1 or S2)</p> <p>Spanish III (H) (yearlong)</p> <p>Spanish Culture &amp; Film (yearlong)</p> <p>Statistics CP/AP (yearlong)</p> <p>World History CP (yearlong)</p>	6-10	10
Circle the level you desire and qualify for.	<p><b>English</b></p> <p>English II CP</p> <p><u>English II H</u></p>	10	10
Circle the level you desire and qualify for.	<p><b>History/Social Science</b></p> <p><u>World History CP</u></p>	10	10
Circle the level you desire and qualify for.	<p><b>Science</b></p> <p>Biology CP</p> <p>Foundations of Science</p> <p><u>Biology H</u></p> <p>AP Biology</p>	10	10
Circle the level you desire and qualify for.	<p><b>Mathematics</b></p> <p>Algebra IA</p> <p>Algebra IB</p> <p>Algebra I</p> <p>Geometry CP</p> <p>Algebra II CP</p> <p>Algebra II With Trigonometry II</p> <p>Finite Math CP</p> <p>Math Analysis CP</p> <p>Math Analysis With Calculus H</p> <p>Statistics CP</p> <p>AP Statistics</p> <p>AP Calculus AB</p> <p>AP Calculus BC</p> <p>Intro to Personal Finance</p>	10	
	<p><b>OPHS CIP SPORT(S)</b></p> <p>Please circle the PE class you plan to take below. Or, if you play a sport for OPHS, please write the name of the sport below.</p>		
Circle an option for each semester. Bolded classes are for student/athletes who have already made these teams.	<p><b>Physical Education</b></p> <p>Playing an OPHS Sport, Cheer, Stunt or Dance team(s) _____</p> <p>Basketball class</p> <p>Baseball class</p> <p>Girls' Soccer class</p> <p><u>Girls' Volleyball class</u></p> <p><u>Intramural Basketball</u></p> <p>Strength &amp; Conditioning class</p> <p>Ultimate Sports class</p> <p>Walking for Fitness class</p> <p>Playing an OPHS Sport, Cheer, Stunt or Dance team(s) _____</p> <p>Basketball class</p> <p>Baseball class</p> <p>Girls' Softball class</p> <p>Boys' Volleyball class</p> <p>Intramural Basketball</p> <p>Strength &amp; Conditioning class</p> <p>Ultimate Sports class</p> <p><u>Walking for Fitness class</u></p>	6-10	10
<b>CREDIT SUBTOTAL</b>			
Alternate 1: <u>Journalism I</u>	Elective 1: <u>Intro to Engineering</u>	10-20	10
Alternate 2: <u>Strength &amp; Cond.</u>	Elective 2: <u>Walking for Fitness</u>		
Alternate 3: <u>Ultimate Sport</u>	Elective 3: <u>Strength &amp; Conditioning</u>		
Alternate 4: _____	Elective 4: _____		
You may choose an option to take after school.	<p><b>Eighth Period</b></p> <p>Mock Trial, Acting, Stagecraft (audition/pre-approval required)</p> <p>Advanced Band (Marching Band) (S1)</p> <p>Advanced Band (Drumline – Color Guard – Jazz) (S2)</p>	2.5 - 20	
<b>ELECTIVE CREDIT SUBTOTAL</b>			
You may choose a study hall if you have at least 60 credits and 6 classes on campus (i.e. you have a 0 period or after school class).	<p><u>Study Hall (Fall)</u></p> <p><u>Study Hall (Spring)</u></p>	0	0
<b>FINAL CREDIT TOTAL</b>		60-80	60

Student Name (Print Clearly):

Mickey Mouse

Parent Signature: \_\_\_\_\_

[Signature]

## Notes:

(Q) = Quarter Class (2.5 credits)  
(S) = Semester Class (5 credits)  
(Y) = Yearlong Class (10 credits)  
CP = College Prep-UC/CSU "a-g" approved  
(H) = UC/CSU approved Honors course  
Honors = High School Honors course  
AP = Advanced Placement class  
\* = Course may be taken multiple times in high school career per instructor approval  
\*\* = CP/Honors "a-g" approval pending

Please refer to the OPHS Course Selection Guide on the OPHS Website or the Course Catalog in Naviance for full course descriptions, prerequisites, and grade level restrictions.

## ENGLISH

- (Y) English I CP (EN-ENG1CP)
- (Y) English II CP (EN-ENG2CP)
- (Y) English II Honors (EN-ENG2H) \*\*\*
- (Y) English III CP (EN-ENG3CP)
- (Y) English III (H) (EN-ENG3H)
- (Y) AP English Language & Composition (aka English III AP) (EN-ENG3AP)
- (Y) AP English Literature & Composition (aka English IV AP) (EN-ENG4AP)
- (Y) English IV (H) (EN-ENG4H)
- (Y) Journalism II: Newspaper Production (H) (EN-JOURN2H)
- (S) Cinematic Texts CP (EN-SRCINE)
- (S) Madness & Identity CP (EN-SRMAD)
- (S) Modern American Lit CP: Sports & Culture (EN-SRSPORT)
- (S) Mythology to Science Fiction CP (EN-SRMYTH)
- (S) Environmental and Sustainability Literature (EN-SRENVIR) \*\*\*

## GENERAL ELECTIVES

- (Y) ASB Government CP (GE-ASBGOVT) \*\*
- (S) Academic Decathlon (GE-ACADEC) \*
- (S) Creative Writing CP (GE-CRWRIT)
- (Y) Directed Studies (STSKL) \*
- (Y) ELL Lab (GE-ELLAB) \*\*
- (S) Film As Lit I CP (GE-FLMLIT1)
- (S) Intro to Personal Finance CP (M-FINANCE) \*\*
- (S) Life Skills (HLS-LIFESK)
- (S or Y) Math Honors Society (MHS) \*
- (Y) Mind Matters (H) (GE-MndMtrs-1) \*\*
- (Y) Mock Trial (GE-MOCKTRL) \*\*/\*\*
- (S) Psychology CP (SOC-PSYCH)
- (Y) AP Psychology (SOC-PSYCAP)
- (S) Sociology CP (SOC-SOCIO)
- (S) Sociology of American Pop Music CP (SOC-SOCMUS)

- (S) Speech CP (PS-SPEECH)
- (S or Y) Athletic Training 1/2 CP (PS-ROPATH)
- (S) CERT/EMS CP (PS-ROPATH3)
- (Y) Aerospace Engineering (H) (GE-AEH)
- (Y) Introduction to Engineering Design CP (GE-INTROENG)
- (Y) Civil Engineering & Architecture CP (GE-CIVIL)
- (Y) Digital Electronics (H) (GE-DIGITE)
- (Y) Mechatronics Engineering Lab (H) (GE-EDD)
- (S) Construction Tech: Cabinetry (aka Woodshop) (PS-WOOD1) \*\*/\*\*
- (S) Technical Drafting & Design (aka Architecture) (PS-BEGARCH) \*\*/\*\*
- (Y) AP Computer Science Principles (CL-APCSP)
- (S) Intro to Programming (CL-COMPPRO) \*\*\*
- (S) Office Systems & Technologies (CL-COMPAPP) \*\*
- (S) Robotics (CL-ROBOT) \*\*\*
- (S) ROP Web Design CP (CL-MULTMED)
- (Y) IT Essentials - Intro to Cyber Security CP (CL-ITESSEN)
- (Y) ROP Game Design CP (GE-GameDes)
- (Y) Journalism I: Intro to Journalism CP (PS-JOURNAL or PS-JOURNALS)
- (Y) Journalism II: Newspaper Production (H) (EN-JOURN2H)
- (S or Y) Yearbook (PS-YEARBK) \*\*
- (Q) Acting: Theater A CP (S-THETRA) \*
- (Q) Stagecraft (PS-ROPSTCR) \*\*/\*\*
- Note: Acting and Stagecraft students must be selected to be a member of the Stage Cast or Crew for after school productions to receive credit.**
- (S) School Service (SCHOOLSVC) \*
- Note: Seniors only. 10 credits maximum**
- (S) Study Hall-Fall/Spring (STUDYHALL-1 or 2) \*\*
- Note: No credit is granted for Study Hall**

## HISTORY/SOCIAL STUDIES & HEALTH

- (S) Economics CP (SOC-ECON)
- (S) Geopolitics and the World Today (SOC-ECONGE) \*\*\*
- (S) AP Macroeconomics (SOC-ECONAP)
- (S) Government CP (SOC-GOVT)
- (S) AP US Govt & Politics (SOC-GOVTAP)
- (Y) US History CP (SOC-USH)
- (Y) US History (H) (SOC-USHH)
- (Y) AP US History (SOC-USHAP)
- (Y) World History CP (SOC-WH)
- (S) Health CP (HLS-HEALTH)
- (S) World Geography CP (SOC-WLDGEO)

## MATH

- (Y) Algebra IA CP (M-ALG1AYR)
- (Y) Algebra IB CP (M-ALG1BYR)
- Note: Algebra 1A & 1B count as 1 year of CP level Math upon completion of 1B with a "C" or higher grade for college admission purposes.**
- (Y) Algebra I CP (M-ALG1)
- (Y) Geometry CP (M-GEOMCP)
- (Y) Algebra II CP (M-ALG2)
- (Y) Algebra II with Trigonometry Honors (M-ALG2TRIG)
- (Y) Finite Math CP (M-FINITE)
- (Y) Statistics CP (M-STATCP)
- (Y) AP Statistics (M-STATAP)
- (Y) Math Analysis CP (M-ANALYSIS)
- (Y) Math Analysis w/Calculus (H) (M-FRECALC)
- (Q or S) Math Skills Lab (M-MATHSKLS) \*
- Note: Zero Period only**
- (Y) AP Calculus AB (M-CALCAP)
- (Y) AP Calculus BC (M-CALCBC)

## PHYSICAL EDUCATION

- (S or Y) PE 1 (PE-9FALL or PE-9SPR)
- (S) Baseball Team (Spring) (PE-BASEB) \*\*
- (S or Y) Basketball Team (PE-BASKET) \*
- (S or Y) Football Team (PE-FOOT) \* **Zero prd only**
- (S) Girls Soccer Team (Fall) (PE-Soccer) \*\*
- (S) Girls Softball Team (Spring) (PE-Softbl) \*
- (S) Boys Volleyball Team (Spring) (PE-VBALL) \*
- (S) Girls Volleyball Team (Fall) (PE-VBALLG) \*
- (S or Y) PE - Intramural Sport (PE-INTBAS)
- (S or Y) PE - Strength and Conditioning (PE-STRCON)
- (S or Y) PE - Ultimate Sports (PE-ULTIM)
- (S or Y) PE - Walking For Exercise (PE-WALK or PE-WALKS)

## SCIENCE

- (Y) Anatomy & Physiology CP (SCI-ANPH)
- (Y) Biology I CP (SCI-BIO)
- (Y) Biology I Honors (SCI-BIOIH) \*\*\*
- (Y) AP Biology (SCI-BIOAP)
- (Y) Chemistry CP (SCI-CHEM)
- (Y) Chemistry (H) (SCI-CHEMH)
- (Y) AP Chemistry (SCI-CHEMAP)
- (Y) Environmental Science (SCI-ENVCP) \*\*\*
- (Y) AP Environmental Science (SCI-ENVAP)
- (Y) Foundations of Science P&C CP (SCI-GLOBAL)
- (Y) Fundamentals of Science (SCI-FUND)
- (Y) Physics CP (SCI-PHYSIC)
- (Y) AP Physics 1 (SCI-PHYAPI)
- (Y) AP Physics 2 (SCI-PHYAP2)

## VISUAL & PERFORMING ARTS

- (Q) Acting: Theater A CP (S-THETRA) \*
- (Y) Art: Drawing & Painting I/II CP (VPA-DRPT12)
- (Y) Adv Drawing & Painting III/IV CP (VPA-ADDP12)
- (Y) AP Art: Drawing (VPA-ARTAP)
- (Y) Art: 3-D Design I/II CP (aka Ceramics) (VPA-3D1-2)
- (Y) Advanced 3-D Design CP (VPA-AD3D12)
- (Y) AP 3D Art and Design (VPA-AD3D12)
- (Y) Computer Animation I/II CP (VPA-ANMI-2)
- (Y) Advanced Animation III/IV CP (VPA-ADAN34)
- (Y) Digital Photography I/II CP (VPA-Phot12)
- (Y) Computer Graphics I/II CP (VPA-COMGRP)
- (Y) Advanced Computer Graphics CP (VPA-ADCOGR)
- (Y) AP 2D Art and Design (aka AP Computer Graphics) (VPA-GRAPAP)
- (Y) Video Production (CP) (VPA-THETRE)
- (Y) Advanced Video Production (VPA-VPADV) \*\*
- (S) Advanced Band CP (Marching Band) (VPA-BANDADV) \* **3th Period Fall only**
- (S) Advanced Band CP (Drumline, Color Guard, Jazz) (VPA-ADVBNB) \* **3th Period Spring only**
- (Y) String Orchestra CP (VPA-STOROC) \*
- (Y) String Orchestra (H) (VPA-StrngH) \*
- (Y) Wind Ensemble CP (VPA-CNCBND) \*
- (Y) Wind Ensemble (H) (VPA-WIND) \* **By audition only**
- (Y) Jazz Band CP (VPA-JAZBND) \*\*
- (Y) Jazz Band (H) (VPA-JZBNDH) \*\*
- Jazz Band CP/Honors: Zero period and By audition only**
- (Y) Chamber Choir CP (VPA-ADVOC) \*\*
- (Y) Chamber Choir (H) (VPA-HCHOIR) \*\*
- Chamber Choir CP/Honors: By audition only**
- (Y) Vocal Ensemble CP (VPA-VOCPRO) \*\*

## WORLD LANGUAGES (LOTE)

### Language Other Than English

- (Y) American Sign Language 1 CP (FL-ASL1)
- (Y) American Sign Language 2 CP (FL-ASL2)
- (Y) American Sign Language 3 CP (FL-ASL3)
- (Y) American Sign Language 3 (H) (FL-ASL3H)
- (Y) American Sign Language 4 (H) (ASL IV H)
- (Y) Chinese I CP (FL-CHINICP)
- (Y) Chinese II CP (FL-CHIN2CP)
- (Y) Chinese III CP (FL-CHIN3CP)
- (Y) Chinese III (H) (FL-CHIN3H)
- (Y) AP Chinese Language and Culture (FL-CHIN4AP)
- (Y) French I CP (FL-FRENCH1)
- (Y) French II CP (FL-FRENCH2)
- (Y) French III CP (FL-FRENCH3)
- (Y) French III (H) (FL-FREN3H)
- (Y) French IV CP (FL-FRENCH4)
- (Y) AP French Language and Culture (FL-FREN4AP)
- (Y) Spanish I CP (FL-SPAN1)
- (Y) Spanish II CP (FL-SPAN2)
- (Y) Spanish III CP (FL-SPAN3)
- (Y) Spanish III (H) (FL-SPAN3H)
- (Y) Spanish IV Honors (FL-SPAN4) \*\*
- (Y) AP Spanish Lang. and Culture (FL-SPAN4AP)
- (Y) Spanish Culture & Film (H) (FL-SPANCFM) \*\*

# Typical 10th Grade Schedule

1. English II CP/ H
2. World History CP
3. Math
  - ★ Algebra IB, Geometry, Algebra II , Algebra II H
4. Science
  - ★ Biology CP/H/AP or Foundations of Science
5. PE (or elective if participating in an OPHS sport)
6. Elective
  - ★ World Language - Spanish/Chinese/French/ASL
  - ★ VPA, General Elective

# Filling out the Course Selection Sheet: Grade 10

- 1) Zero Period - If you are planning to take a zero period, circle your preferred option now

*Write in at least one alternative*

- 2) Circle your English class level:

ENGLISH II CP, ENGLISH II H

- 3) Circle WORLD HISTORY CP

- 4) Circle your Science class level

Biology CP or H or AP

Write in Foundations of Science (FOS) if not currently enrolled in 9th grade

# Filling out the Course Selection Sheet: Grade 10

5) Circle your Math class level

6) PE/Sport Participation

- *If you have met your PE credits, check box on left*
- *If you are continuing to play an OPHS sport for PE credit or other qualifying team activity, fill in*
- *Bolded sports classes listed requires you have made the team*
- *2 Boxes are to note fall and spring options*

7) Fill in elective options

- *You must write in alternatives on left*

# Filling out the Course Selection Sheet: Grade 10

8) Circle 8th period options if apply

- *all require audition or approval from department*

9) Study Hall Option

- Sophomores may select
  - *If taking a 0 period and have six total classes in their semester schedule*
  - *Or have five classes and are earning PE credit for OPHS sports participation*

10) Student AND Parent must sign form.

- *Bring to 1:1 counselor meeting, along with any questions.*

# Planning for Post High School



Review the “**College Prep Pathway**” web page for guidance on what students should be doing

<http://www.oakparkusd.org/site/Default.aspx?PageID=4283>



Visit the College and Career Center web page at:

<http://www.oakparkusd.org/page/1079>



Playing Sports in college check NCAA eligibility

<https://www.oakparkusd.org/site/Default.aspx?PageID=1107>

# SUMMER SCHOOL 2020

Summer School Registration materials are available at the Oak Park Education Foundation Website. Registration will be on a first-come basis this year. The window for online registration will open on March 22nd at 6pm. However, you must create an account with the Foundation before you can register. The Foundation website will be open for pre-registration on February 26th. Click on the OPEF logo below to access the online registration website.





## Classes

[View All](#)[Medea Creek Middle School](#)[Oak Park High School](#)

# Welcome to the Oak Park Education Foundations Online Summer School Registration

## Login

[Rectangular Snip](#)

### Returning Customers

[Forgot your password?](#)☒ LOGIN

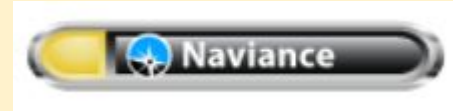
### New Customers

CREATE AN ACCOUNT

# NAVIANCE - Planning Your Courses

## HOW TO SIGN IN

- Log on by clicking the Naviance icon on the OPHS website:
- User name = Q user name (Student ID)
- Naviance Password must be re-set to the new 10-digit standard
- Need assistance? See Mrs. Prince or Mrs. Friedman in the College and Career Center or your counselor



Put your **current email into Naviance** to receive reminders and college info



## Courses

 Type a course name

BROWSE COURSE CATALOG

### Explore Courses



COURSES

I'm thinking about

[Browse Course Catalog](#)

[Thoughts about my Course Plans](#)

### Plan Coursework



CURRENT MULTIYEAR PLAN

[OPHS Graduation Requirements Draft Plan](#)

[Manage Course Plans](#)



# Research courses and build your 4-year plan

 Cancel

Create New Course Plan

STEP 1

Create New

STEP 2

Choose Type

How would you like to create this course plan?



Create Plan from Scratch



Copy Courses from Existing Plan

Choose an existing plan

CONTINUE

# Choose which 4-year plan to build

✕ Cancel

## Create New Course Plan

**STEP 1**

Choose Plan

**STEP 2**

Create New

**STEP 3**

Add Courses

Rectangular Snip

## Select the graduation plan you would like to build.

Start by selecting a high school and then select one of the graduation plans available at that school. You will then be able to select courses and explore and apply career pathways courses to your plan. You can also create more than one plan so that you can explore different pathways available at different schools.

### Select Your School

Oak Park High School



## Oak Park High School Graduation Plans

### NCAA Eligibility

Division 1 schools require you to meet academic standards fo...

[show more](#)

**SELECT THIS PLAN**

### OPHS (230 credits) Graduation Requi...

Beginning with the class of 2021 and beyond, the following a...

[show more](#)

**SELECT THIS PLAN**

### UC/CSU (a-g) Requirements

To satisfy the UC & CSU system's admission

[show more](#)

**SELECT THIS PLAN**

### Postsecondary Plan

4yr degree

### Your Assessments

#### Career Cluster Finder

Your Top Clusters

✕ Hospitality and Tourism

💡 Human Services

📚 Education and Training

### Favorite Career Clusters

CLUSTER

✕ Hospitality and Tourism

CLUSTER

💡 Human Services

CLUSTER

📚 Education and Training

(Active)

Credits Required

230

In Your Plan

70

Plan Still Needs

160

## Add / Edit Courses in Your Plan

Add courses in order to submit, scan, or print this plan.

Rectangular Ship

Plan: OPHS (230 credits) Graduation Requirements Plan

REQUIREME... Check for Alerts	9th Grade	10th Grade	11th Grade	12th Grade
English 40 Credits 20 Credits in Plan <a href="#">edit courses</a>	<a href="#">English I (CP) - 10 credits</a> 10 credits	<a href="#">English II (H) - 10 credits</a> 10 credits		
General Electives 60 Credits 0 Credits in Plan <a href="#">add courses</a>				
Health 5 Credits 5 Credits in Plan <a href="#">edit courses</a>	<a href="#">Health (CP) - 5 credits</a> 5 credits			
Math 50 Credits 50 Credits in Plan <a href="#">edit courses</a>	<a href="#">Algebra I (CP) - 10 credits</a> 10 credits	<a href="#">Geometry (CP) - 10 credits</a> 10 credits	<a href="#">Algebra II (CP) - 10 credits</a> 10 credits	
Physical Educa... 20 Credits 10 Credits in Plan <a href="#">edit courses</a>	<a href="#">PE I (Fall) - 5 credits</a> 5 credits <a href="#">PE I (Spring) - 5 credits</a> 5 credits			
Science 50 Credits 0 Credits in Plan <a href="#">add courses</a>				
History/Social ... 55 Credits 5 Credits in Plan <a href="#">edit courses</a>	<a href="#">World Geography (CP) - 5 credits</a> 5 credits			
Visual Perform... 10 Credits 0 Credits in Plan <a href="#">add courses</a>				
70 Credits in Pl...	40 Credits	20 Credits	10 Credits	0 Credits

## Postsecondary Plan

4yr degree

## Your Assessments

## Career Cluster Finder

## Your Top Clusters

X Hospitality and Tourism

♥ Human Services

■ Education and Training

Favorite Career  
Clusters

CLUSTER

X Hospitality and Tourism

CLUSTER

♥ Human Services

CLUSTER

■ Education and Training

Each subject area will allow you to keep track of your credits, and view course descriptions

☐ English II (CP) - 10 credits  
10 Credits

☒ English II (H) - 10 credits  
10 Credits  
IN PLAN

**Grade 11**  
Choose **ONE** of these courses

☐ English III: Language and Composition (AP) - 10 credits  
10 Credits

☐ English III (CP) - 10 credits  
10 Credits

☐ English III (H) - 10 credits  
10 Credits

SAVE CHANGES

Please choose 40 credits from the following list of courses

Selected English Courses

You haven't selected any courses yet.

[Close](#) English III (H) - 10 credits

**Course Name**  
English III (H) - 10 credits

**Course ID**  
EN-ENG3H

**State ID**  
N/A

**Subject Area**  
English

**Credits**  
10 credit(s)

**Description**  
Students enrolled in English III Honors complete course requirements for English III (CP). In addition, students read more challenging texts, as well as complete more demanding writing assignments.  
Grade 11 Year-long Course  
HS-English  
PREREQUISITE- A grade of B or higher in English I (H) or an A in English II (CP)  
UC/CSU-Subject b  
This class does receive the elevated grade point according to UC/CSU policy.  
NCAA approved

# **Thank you from the OPHS Counseling Team**

